

Abstract

The personal traits of personality (extraversion and neuroticism) and self-concept (self-esteem) was found to be powerful predictors of life satisfaction among adults in the West. Moreover, the impact of life events on life satisfaction was only temporary. However, rare studies of these variables were conducted on adolescents whose life satisfaction was found to be significantly influenced by relationship with parents. Hence, the present study would examine the relationship among personality, multi-dimensional self-concept, relationship with parents, impact of stressful life events and life satisfaction. The present study confirmed the relatedness of personality to life satisfaction as consistent with the finding among adults. Relationship with Parent, self-concept of Social Ability and General Self-concept were still found to be the best predictors for life satisfaction among adolescents. Relationship with Parent was not only related to life satisfaction, but also mediated the negative impact of stressful life events on life satisfaction. Finally, the temporal effect of life events on life satisfaction was found. The present results highlighted an important implication that social component (self-perceived social ability and relationship with parents) were important determinants of adolescents' life satisfaction.